

SAMPLE

YALE MEDICAL PARTNERS

Welcome Packet

This packet contains information about

- *YMP Clubs and Activities for You and Your Family*
- *Working at Yale University and Yale-New Haven Hospital*
- *Living in Greater New Haven*

Yale Medical Partners (YMP) was established in 1979 to help you and your family transition into the Yale medical program. Please share this packet with your spouse or significant other.

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Dear New Yale Medical Personnel:

Congratulations on your invitation to join the staff at Yale! Yale Medical Partners (YMP) welcomes you and your family/significant other to New Haven and the Yale community. We have developed this Welcome Packet to make your transition easier. *Please keep this handy as you pack and relocate:* If you are like most newcomers, you will find this resource tremendously valuable.

YMP is a Yale-sponsored organization for physicians and families associated with training and research programs at Yale-New Haven Hospital and its affiliates. Our membership includes men and women, married and single, with and without children. It also includes members of the Greater New Haven community. It is our goal to provide support for all members by offering a diverse array of social and recreational activities for you and/or your spouse and family. Events are scheduled throughout the year, and have included pizza parties, hayrides, brunches, wine tastings, and apple picking. In addition, “clubs” (created from the interests of the current members) schedule monthly get-togethers (e.g., Book Club, Running Club). Members receive a monthly newsletter and access to our online community. Through the years, the members of YMP have discovered that invaluable friendships can be developed through participation in the organization.

Every summer we have a picnic to welcome you to New Haven and Yale. At the picnic you can get acquainted with other new Yale medical personnel and their families, as well as current YMP members. You and your whole family are welcome.

Online is a membership application to join YMP (www.yale.edu/ymp). If you do not know your New Haven address, sign up anyway. You can update your profile when you get into town to provide us with your current address. Once you are registered you can use our online forum to post questions and ask for advice as you prepare for your move.

We look forward to meeting you this summer. Good luck with your move, and welcome to Yale and New Haven!

Sincerely,

Lindsey Sussman
YMP President

The Towns & Neighborhoods (excerpted)

Below are descriptions of the towns and neighborhoods most popular with YMP families, starting with New Haven, then listed alphabetically by surrounding towns. If you have specific questions about any of these areas (or about towns or neighborhoods not listed below), please start a discussion on Big Tent — you will get lots of advice!

NEW HAVEN

The most popular neighborhoods with YMP families are Downtown, East Rock, Morris Cove, and Westville.

Downtown

New Haven, like most New England towns, developed around the village green. Immediately surrounding the New Haven Green is downtown New Haven, composed of office buildings, the retail shopping district, dining, cultural institutions, churches dating from the early nineteenth century, and Yale University. The Shubert Theater on College Street offers a wide variety of entertainment by touring artists and road companies. Many of the shops and restaurants on Chapel Street have been renovated and several new shops are scheduled to open in the near future. The Yale Repertory Theater, the Yale Center for British Art and the Yale Art Gallery are also on Chapel Street. Just a few blocks away from the Green is the Audubon Arts Center. At the heart of Audubon Street is Audubon Court, beautifully designed condominiums that combine the excitement of city life with a sense of privacy.

Yale-New Haven Hospital (YNHH) is southwest of the Green, a quick walk from pretty much anywhere downtown. (Please remember that this is an urban area, and safety precautions practiced in any urban area should be exercised here, in particular being cautious walking alone after dark.) There are several high-rise condominiums a few blocks from the hospital. The Wooster Square area is east of the Green. Here you will find old brick houses, condominiums, apartments, tree-lined streets and many Italian-American stores and restaurants. Even if you don't decide to live in this neighborhood, stop at one of the pizzerias on Wooster Street for lunch. You can read the classified ads while enjoying some of the best pizza in the country. (Remember to ask for "mozzarella", or your pizza may be served without any cheese).

East Rock

The area bounded by State and Prospect Streets, north of the Green, known as "East Rock" after the prominent geologic feature, is one of the more popular housing areas for Yale students and staff. Though much of East Rock is Yale-affiliated, many longtime New Haven residents not affiliated with Yale also own and rent in East Rock. Rents vary, but \$1,200 is a rough starting point and

Shopping (excerpted)

DOWNTOWN NEW HAVEN

Downtown New Haven is filled with great shopping for all your needs.

The website www.newhavenshops.com/ connects you to the three main shopping areas downtown. Highlights include:

- The **Audubon/Whitney District**: Katahdin Furniture and Gilden's Jewelers
- The **Broadway District**: Yale Bookstore/Barnes & Noble, J. Crew, Trailblazer, and Apple
- The **Chapel Historic District**: Hull's Art Supply & Framing, Raggs Fashion for Men, and the Owl Shop (cigar store & lounge)

In addition, the **Elm City Market** on Chapel Street (www.elmcitymarket.coop/) sells natural and traditional fresh foods and groceries, along with a deli, salad bar, and other prepared foods, and a seating area. Very child friendly--they even have mini-shopping carts. Learn more about this [member-owned cooperative](#) (open to non-members for shopping)!

GROCERIES

Some neighborhoods have great independent grocers, including **Nica's Market** in East Rock and **Whitneyville Food Market** in Hamden. Also, in addition to **Elm City Market** downtown (see above), **Thyme & Season** in Hamden and **Edge of the Woods** in New Haven are two great stores for organic and natural foods and products. There are plenty of large grocers and price clubs as well:

- **Big Y**: Washington Avenue, North Haven
www.bigy.com/
- **BJs Price Club**: Universal Drive, North Haven
www.bjs.com/
- **Costco Price Club**: Boston Post Road, Milford
www.costco.com/
- **C-Town**: Grand Avenue, New Haven/Fair Haven
www.ctownsupermarkets.com/